

FACT SHEET

Substance Abuse Prevention,
Mental Health Promotion and
Workforce Development



One Network Reaching Many

2014

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HBCU-CFE

Promoting Partnerships and Collaborations:

The **Historically Black Colleges and Universities-Center for Excellence (HBCU-CFE) in Behavioral Health** at Morehouse School of Medicine (MSM) is funded through a Cooperative Agreement with SAMHSA's Center for Substance Abuse Treatment (CSAT) and Center for Mental Health Services (CMHS) Grant Number TI-023447.

The HBCU-CFE in Behavioral Health was established as a result of the accomplishments of the HBCU National Resource Center (HBCU-NRC) for Substance Abuse and Mental Health Infrastructure Development and the HBCU-CFE in Substance Abuse and Mental Health, also funded by SAMHSA.

The goals of the HBCU-CFE are to:

- Promote student behavioral health to positively impact student retention
- Expand campus service capacity with a focus on culturally appropriate behavioral health resources
- Facilitate best practices and dissemination
- Foster student leadership and behavioral health workforce development

Our Approach:

- Mini-grants for campus mental health projects including the College Response Program on HBCU campuses
- Liaison to the HBCU Behavioral Health Policy Academy; and
- Mini-grants for internships at behavioral health sites
- Kognito At-Risk Program
- Behavioral Health webinars

HBCU Behavioral Health Mini-Grant Program:

The purpose of the HBCU-CFE behavioral health mini-grant is to support and promote opportunities for HBCU institutions to expand knowledge of evidence-based and emerging best practices, expand screening and referral services for students at risk for behavioral health disorders, support the use of behavioral health promotion and prevention activities and foster behavioral health careers through internships.

MEET OUR TEAM

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FACT: *HBCU-CFE has mentored, collaborated and strengthened partnerships with HBCUs in behavioral health promotion, leadership and policy development*

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Substance Abuse Prevention/Treatment and Workforce Collaboration and Partnerships Development

- 89 mini-grant recipients have established approximately 653 internships for students at both the undergraduate and graduate levels
- Internship opportunities have fostered skill-building and practical experience. Students are exposed to evidence-based practices, received culturally-sensitive training for substance abuse professionals and gained experience working with special populations such as Lesbian, Gay, Bisexual and Transgender (LGBTQ) and dually-diagnosed HIV/AIDS patients
- Nearly 22,980 hours of service were reported for student internships

Mental Health Promotion Outcomes

- More than 855 students were trained as Mental Health Peer Educators/Mentors
- 6,225 students received behavioral health messages through campus radio PSA's and other programming created by students including a campus Mental Health Music Fest and theatrical performances
- HBCUs are utilizing Social Networking sites such as Facebook and Twitter to link to existing campus mental health resources and counseling centers, provide prevention and mental health promotion information and to further engage students
- 25,281 students and 3,477 faculty/staff were trained in behavioral health prevention or promotion through sponsored seminars, public forums, workshops, classes and peer-to-peer training
- Nearly 20,016 faculty, staff, and students have received behavioral health information and materials disseminated
- 19 HBCUs have chartered chapters of Active Minds, an on campus, student-run organization to support mental health awareness and education and reduce stigma
- 6,670 students received mental health screening tools
- 3,066 student screened for Alcohol awareness
- 4,644 students have been referred (self/other) for mental health screening or related services

- Intra- and interdepartmental partnerships were formed to implement projects and disseminate or promote initiatives to the student body; local, State and National agencies were engaged in behavioral health promotion and internship opportunities such as: National Alliance on Mental Illness (NAMI) and the American Red Cross

Mental Health Services Infrastructure Development

- There has been an increase in support for campus mental health services including increasing the number of clinical counselors on staff, updating campus mental health protocol, and the development of an online mental health screening website
- Sustained changes in HBCU campus policies:
 - Referral of first year student with academic problems to counseling services
 - Residence hall screenings for stress and alcohol
 - Training of school personnel including campus security on behavioral health warning signs and referral procedures

Dr. Lonnie E. Mitchell Behavioral Health Policy Academy

- Approximately 270 students have participated in four policy academy events which focuses on student leadership development, substance abuse and mental health education, and promoting workforce development to address behavioral health needs of the future

Highlights of HBCU Student Accomplishments

- Students created on-campus substance abuse and mental health task forces and/or coalitions
- Students are engaged in providing substance abuse prevention workshops to youth in their community
- Students have received local, State and campus-wide recognition for their substance abuse prevention and mental health promotion efforts